

PRE-UFE PATIENT INSTRUCTIONS

Your UFE procedure is scheduled for / / @ _____ A.M. at Sentara Virginia Beach General Hospital. We make every effort to stay on schedule but due to the unpredictable nature of medicine more urgent / emergent procedures must occasionally take priority. We do apologize in advance for any inconvenience or additional stress this may cause you.

- **YOU MAY NOT EAT** after midnight the night prior to your procedure. You may have clear liquids up to 2 hours before your procedure. Take your morning medications with sips of water.
- You may **TAKE THE FOLLOWING MEDICATIONS** the morning of your procedure:
 - Blood pressure medications
 - Heart and lung medications
 - Radin prep medication – for contrast allergy patients.
 - Place scopolamine patch behind your ear before you go to bed, the night prior to your procedure. This was/will be called in to your pharmacy by our nurses.
 - Please bring a list of all medications with dose and frequency. You may bring your own medications if desired.
- **DISCONTINUE ALL MEDICATIONS LISTED** below at the appropriate times:
 - Aggrenox: stop 3 days prior to procedure
 - Aspirin: stop 5 days prior to procedure
 - Coumadin: stop 5 days prior to procedure
 - Heparin: stop 2-4 hours prior to procedure
 - Low Molecular Weight Heparin – stop 24 hours prior to procedure
 - Persantine: stop 3 days prior to procedure
 - Plavix: stop 5 days prior to procedure – if you have a drug eluting coronary stent discuss with your cardiologist before discontinuing
 - Ticlid: stop 5 days prior to procedure
- **DIABETIC PATIENTS** taking medications containing **METFORMIN (glucophage)** must stop this medication at the time of procedure. Metformin should not be resumed until 48 hours post procedure, after a serum creatinine level has been checked.
- **YOU MUST HAVE A DRIVER** - Following your discharge from the hospital, you will NOT be allowed to drive for at least 24 hours, due to the sedation medications administered, you will need to have a designated driver to drive you home.

DIRECTIONS TO SVBGH ANGIO: 1060 First Colonial Rd., Virginia Beach, 23454

- From Rt 264 Take exit 21B, First Colonial Road-North. Go approximately 1.4 miles and hospital is on the RIGHT.
- Please arrive **2 hours prior to procedure time**, parking in the Outpatient Parking Lot.
- Enter the **PATIENT ENTRANCE** and check-in at the **Central Registration** area.
- Call our angio nurses at 757-395-6089 for questions.
- SVBGH is a smoke free campus.